



Nappy Changing Policy

Policy Statement

Riverside Childcare believes nappy changing is a time for both key worker and child to develop a bond while providing a safe and clean environment to carry out nappy changing. Riverside Childcare will ensure the child's dignity is respected and that it is a positive experience for both staff member and child.

Principle:

This policy is underpinned by the Childcare (Pre-school Services) Regulations 2006.

Procedure:

- Children's nappies and other items are stored in individual compartments and labelled.
- Children will arrive at Riverside Childcare Sessional Preschool with a freshly changed nappy from home. This nappy might not need to be changed unless soiled or very wet before going home.
- All children will be asked/ informed when it's time to change their nappy
- Children's nappies will be changed in regular intervals (every 3 hours) or when necessary
- Disposable paper towels are used for hand-drying purposes.
- Disposable gloves are provided and worn during nappy changing; however this does not negate the need for hand washing.
- Staff will interact in a positive way with the child during the nappy changing
- Soiled nappies are bagged and disposed of hygienically (nappy pedal bin) and removed from the nappy changing area
- The nappy changing table is disinfected after every use
- Antibacterial soap is provided for hand washing
- Children are never left unattended when having their nappy changed
- If required, another staff member is always available to provide assistance
- Cleaning schedule is in place to ensure that the nappy changing area is clean and hygienic at all times
- The nappy changing room and toilets are adequately ventilated, by window ventilation.
- Staff that are changing nappies use disposable gloves that are removed before re-dressing the child.
- Children are never left unattended while having their nappy changed.
- All nappies are disposed of in a way which will not risk infection. Soiled nappies are bagged and disposed of in a foot operated, lined and lidded bin. The bag with the soiled nappies is removed from the premises after all nappy changes are finished. Nappy disposal containers are kept away from children and out of their reach (at the back if it is not possible to remove



the bag from the premises immediately). Nappy changing units are cleaned thoroughly after every nappy change and on a regular basis.

- All staff are fully trained and briefed in nappy changing and infection control.

STEPS FOR NAPPY CHANGING:

1. Make sure the **area is ready** and fully equipped (safe to use and clean, equipped with gloves, nappies, labelled creams, wipes, nappy bin, apron, spare clothes, nappy bags to dispose of soiled nappy and used wipes and a spare one to place any dirty clothes in).
2. **Wash and dry hands thoroughly.** Place **gloves** on both hands and put on an **apron**.
3. Place child on changing table (always using safe Manual Handling Techniques)
4. Ensure the child is safe and happy during nappy changing.
5. Fully **remove any soiled clothing**, place in a nappy bag and securely tie ready to bring home.
6. **Remove all necessary clothing** to access soiled nappy in a safe and hygienic way.
7. Open the nappy and, while gently lifting up the child's legs, **wipe the child's bottom**, always from front to back with wipes (or cotton if required) making sure there is no faeces left on bottom or legs and the child is properly clean.
8. **Remove soiled nappy** and wipes and place in a nappy bag.
9. **Dispose of all used wipes immediately** in the nappy bag with the soiled nappy which will be securely tied and placed in the nappy pedal bin.
10. **Remove the soiled gloves** before you touch the child's clean clothes and nappy. Remove your gloves by pulling from your wrist, turning them inside out and without touching the soiled area with your hands.
11. Place the new unused nappy under the child.
12. If creams are needed, you must be wearing a clean glove to apply. **Apply creams as needed.**
13. **Remove your gloves and apron and dispose.**
14. Dress the child fully and lift them to the ground safely.
15. **Never leave a child unattended** while on the changing table. Ask for help from another staff member if needed during nappy change.
16. **Help the child wash and dry their hands** and then **wash and dry your hands** thoroughly. Your now degloved hands would have been washed before putting the gloves on and therefore are still clean.
17. Bring the child back.
18. **Clean and disinfect thoroughly** the nappy changing area and prepare for the next nappy.

This policy was agreed and adopted by Riverside Childcare.

Date: 02/05/2022

Signed by: Michael Dunster on behalf of management (Owner)

This policy will be reviewed on 02/05/24 in collaboration with staff and parents